

直傳靈氣®

Jikiden Reiki Seminar – Shoden Level November 8 -10, 2024

Seminar Schedule

November 8th:

Friday evening: Arrive between 5-6 pm. Get settled. You are welcome to arrive earlier if you'd like and take advantage of the beautiful campus of Holmes and all its trails.

Dinner is at 6 pm

7 pm - Part 1: Registration, Syllabus

Objectives of Jikiden Reiki
Jikiden Reiki Institute Regulations
Early History of Reiki Usui and Hayashi Sensei p. 7-10
The meaning of Reiki – the Kanji characters -p. 48
The Five Reiki Principles – The Gokkai –p. 19-21
Kototama – word spirit

9 – 9:30 pm: Reiju, Reiki Mawashi–

November 9th

Saturday morning:

Breakfast 8 – 9:00 am

9:00 am: Q & A from Friday night

9:15 am: Chant Gokkai, 2nd Reiju, Reiki Mawashi –

9:30 am - Noon: Part 2A

History of Jikiden Reiki: Chiyoko Yamaguchi

Current State of Reiki

Usui Sensei's Kokai Denju – His thoughts on Reiki P. 22

Concept of Byosen – Reiki is following the byosen – P. 50
First Shirushi - Kumo-no-shirushi

直傳靈氣®

Lunch 12:00 – 1:00 pm

Saturday Afternoon:

1 pm – 5 pm: **Part 2B –**

Using Gyoshi, Koki-ho & Busho-ho for minor ailments
Shizen Joka Sayo – the Natural Cleansing Process
Heikin Joka – balanced cleansing

Introduce and Demonstrate Ketsueki Kohan-
(Releasing toxins from body technique)

STUDENT PRACTICE (3-4 students per table): Until 5 pm

Break until dinner: Enjoy the trails, Rest.

Dinner: 6 - 7 pm

Saturday Evening: 7 pm – 9 pm **Part 2 C**

Feeling Byosen – pairing participants sitting: Reiki Bubble
Give each other feedback – Q & A
Discrimination: What Byosen is not.

STUDENT PRACTICE: optional practice Kekko

Sunday, November 12th

Sunday Morning: **Breakfast 8 – 9:00 am (Enjoy an early morning hike)**

9:00 am to 9:30 am

Chant the Gokkai, Perform **Reiju**, Reiki Okuri – energy perception

Break –

9:45 am Q & A, Pass out Survey forms for Institute –

直傳靈氣®

Discuss Japanese Culture, the influence of Shinto, the Lemoto system

DVD - Chiyoko Yamaguchi (either before or after lunch)

“Hatsurei Ho” – The Reiki Bubble – Meditation for Feeling Energy

How to practice Reiki at home – Textbook p. 37-39

Lunch 11:30 – 12:30 pm (Enjoy Holmes)

Sunday afternoon: FINAL STUDENT PRACTICE

12:30 -2 pm Everyone should have an opportunity to perform Kekko, receive Reiki 2x and give Reiki 2x minimum.

2 pm: Final Q & A: Collect Survey forms

Closing Ceremony – Presentation of certificates, attendance cards, class photos.